

Understanding condensation and mould

What is condensation and why does it cause mould?

Condensation happens when warm, moist air meets cold surfaces like windows or walls. This makes water droplets appear, which can lead to mould growing. Mould looks like black spots and can make you feel unwell, especially if you have asthma or allergies.



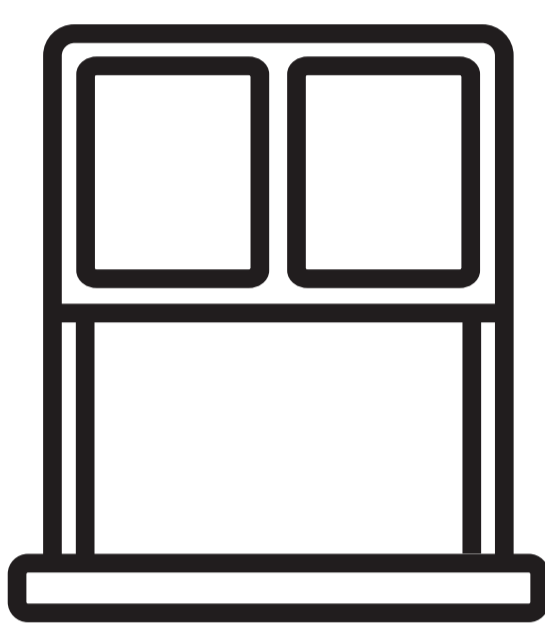
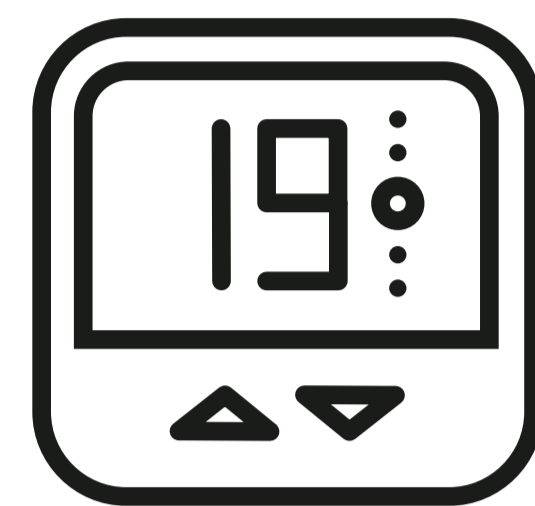
Important reasons to stop mould

- Health risks
- Damage to belongings
- Problems with your landlord

Our five tips to prevent condensation and mould

1. Keep your home warm

- Maintain a steady temperature around 18-19°C
- Use heating wisely, low and consistent is better than short bursts



2. Let fresh air in

- Open windows after cooking or showering
- Use extractor fans if available
- Don't block air vents

3. Be careful with indoor activities

- Dry clothes outside when possible and not on the radiator
- Cover pans when cooking
- Keep lids on fish tanks



4. Use a dehumidifier

- Helps reduce moisture in the air
- Low running costs and can slightly warm the room

5. Check for mould regularly

- Look out for black spots or musty smells
- Clean mould promptly with appropriate products



Communicate with your landlord

- Report any persistent damp or mould issues promptly
- Keep records of communications
- Work together to solve the problem

Know your rights and responsibilities

Your rights

- Safe living environment free from health hazards
- Protection from eviction or rent increases when reporting issues

Your responsibilities

- Look after the property
- Use heating and ventilation to prevent mould
- Report problems quickly

Final tips

- ✓ Stay informed
- ✓ Be proactive
- ✓ Communicate openly



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